

Bachelor of Applied Sciences

Adult Development



ABOUT THE PROGRAM

Adult Development at the University of Guelph is designed to educate professionals to understand the process of aging and to appreciate the broader context which families live and work. This comprehensive program considers the psychological, social, biological and economic factors that influence individual development, capabilities, health and relationships across the lifespan. Focusing on health, you will learn and apply research and theories that can be used to promote individual and family well-being. Courses in adult development, family and social relationships, social policy and community services, and statistics provide theoretical and first-hand experience with adults and families and will prepare you to work effectively with adult individuals and groups in a variety of settings.

WHY CO-OP?

As a co-op student, you will gain relevant work experience, build professional networks and develop essential interpersonal skills needed to succeed in the workplace while getting paid and earning your university degree. Guelph's co-op program is unique due to the exceptional level of support provided, including an in-class preparatory course, a personal connection with a Co-op Coordinator to assist you during the employment process, and access to senior student mentors.

COURSE SEQUENCING

In the Adult Development co-op program, you will participate in three co-op work terms in addition to eight academic semesters throughout your four years at the University of Guelph. This sequencing is viewable below:

YEAR	FALL	WINTER	SUMMER
ONE	Academic	Academic	Off
TWO	Academic	Academic	Work
THREE	Work	Academic	Academic
FOUR	Academic	Work	Academic

SAMPLE JOBS

Below are some examples of past Adult Development co-op positions.

Junior Programmer - Social and Therapeutic

In this role, you will assist with the organization and implementation of therapeutic social/recreational activities for Adult Day Programs. To carry out these duties, you will assess participant needs and areas of intervention under the supervision of the Director of Outreach. Throughout your co-op work term, you will gain a deeper understanding of the aging process and acquired brain injuries, while developing your communication, organizational and problem-solving skills.

Outdoor Education - Teaching Intern

The primary duties of this position revolve around leading and planning activities and lessons for elementary and high school aged students from a variety of different backgrounds. In this curriculum-based program, you will gain valuable teaching experience, work alongside a dedicated team, and contribute to the creation of program resources.

Accessibility Services Assistant

In this role, you will assist with the coordination of recreational support for customers with disabilities. Duties include researching best practices, updating resource materials, coordinating volunteers, and more. This position will help develop your interpersonal skills, as well as verbal and written communication abilities.

Additional Sample Jobs: Policy and Research Assistant, Human Resources Generalist Trainee Data/Research Analyst, Communications/Social Media Representative, and more.

SAMPLE EMPLOYERS*

- City of Guelph
- Toronto District School Board
- St. Joseph's Health Centre
- Gambling Research Exchange Ontario

*This shows a sample of recent co-op employers and will vary depending on employer recruitment needs. During a job search, students are encouraged to be actively engaged and are supported in establishing and maintaining their own personal contacts.

SALARY INFORMATION

Students receive compensation from their employer for co-op work terms. The rate of pay will vary depending on a number of factors including the industry, the student's program of study, and work term level. For your reference, a **Co-operative Education Salary Guide** is available on our website, which provides hourly rates (averages and ranges) for each degree program.

SKILLS & KNOWLEDGE ACQUIRED

- Excellent grounding in the social and health sciences that is fundamental to the study of adult development and aging
- Strong analytic and evaluation skills due to a trained, critical academic background
- Solid knowledge of family relations, interpersonal dynamics and life span development issues
- Understanding of political and governmental issues
- Well-developed communication, problem-solving, and leadership skills