Career Cruising Tip Sheet

Free Assessments
1. Interests Assessment – provides you with a list of careers that match your interests
2. Learning Styles Assessment – tips on how to improve your study habits based on how you learn

Career
This section provides job specific content to help you determine if this might be a career you would like to pursue.

Based on your career choice, you can research:

1. At a Glance – core tasks, attributes/abilities, and workplace
2. Description – describes the job to give you a better understanding of what the job entails and responsibilities you would have
3. Working Conditions – hours of work, overtime, stress levels, rewards
4. Education – provides educational requirements for the occupation
   *Will link directly to related college and university programs
5. Sample Career Plan – great overview of the occupation, earnings, requirements, and responsibilities
6. Related Careers – Lists additional careers that may have similar responsibilities or require similar skills
7. Other Resources – Website links for professional associations, government resources, or related career sites
8. Interviews – chance to learn directly about the occupation from people in that career, find out what they like/dislike, a day in the life, breakdown of activities, and general advice
9. Search for jobs – access popular job search sites for the occupation

Education
This area allows you to explore education and training by province or program. You can look at all the programming offered by area of interest. It can be useful to see one list of all the university and college options available to you to help in your decision making.

Employment
Once you have decided on a career path to pursue, there are additional resources for: Work search, resumes, letter writing, interview skills, job offers, and on the job.